



WISE WAXING TIPS

Pre waxing advice

- Keep UVA & UVB exposure to a minimum 2 days prior to your waxing
- It is essential you disclose any medications or topical creams which may contain Retin A, most importantly please inform us if you have previously or are currently receiving treatment for acne with Roaccutane.

Post waxing advice

- Do not sunbake or use a solarium for 24 hours after waxing
- Do not use a spa or sauna for 24 hours after waxing
- Keep exercise to a minimum on the day of waxing
- Avoid wearing tight clothes for 24 hours
- Exfoliate regularly to avoid ingrown hairs
- Moisturise your skin daily

Ingrown hairs

At Heavenly Escape we recommend **Derma-Lac & In-grow** as a long term preventative pre and post waxing for those pesky and unsightly ingrown hairs.